

Listen to the PJ Library Musical CD Songs from the Mountain (3s) By Nefesh Mountain



About the artists/album

Husband and wife team Eric Lindberg and Doni Zasloff blend their knowledge of Jewish culture with the unique sounds of Bluegrass music. Their music is both uplifting and deeply soulful (Nefesh is the Hebrew word for soul.). Here is an opportunity to introduce children to the traditional bluegrass instruments of guitar, banjo, mandolin, fiddle, upright bass, and Dobro (a type of steel guitar). Warning: It's hard to keep from swaying and dancing when listening to some of these songs!

DISCOVET new ways to use Jewish music in the classroom

- A Hassidic Judaism has long used melodies or *nigunim* with lai-dai-dai or bim-bom to express spirituality or joy, often with exuberant dancing. Play "Mi Chamocha" or "Halleluyah" in class and encourage children to express their joy through song and dance.
- * "Brothers and Sisters/Hinei Mah Tov" is a beautiful way to build community in your classroom. Play it during a mural art project, while setting the table for snack, or during any group activity.



Music at home



Listen to the PJ Library musical CD

Songs from the Mountain

By Nefesh Mountain

Husband and wife team Eric Lindberg and Doni Zasloff blend their knowledge of Jewish culture with the unique sounds of Bluegrass music. Their spiritual and uplifting music uses guitar, banjo, mandolin, fiddle, upright bass, and Dobro (a type of steel guitar).

DO fun stuff at home

Five-minute blitz!

Play an up-tempo song, such as "Open Up the Window, Noah" and see how much you can



accomplish by the time the song ends. Need more time to clean, set the table, or just dance? Play "Oseh Shalom/Make Peace."

DISCUSS Jewish values

Tradition and L'Dor Vador

L'dor vador is a prayer in which one promises to carry on important traditions and ideas.

- Play "On and On/L'Dor Vador" in the evening or leading up to a Shabbat or holiday meal.
- Tell your child about something important you want to "pass on" from an older relative. Ask your child what important idea she or he might like to share with a younger relative.

PLAY PJ Library music all day long!

PJLibraryRadio.com is the home for Jewish kids' music. Listen via the website or free Android and IOS apps.



