

# Resource Guide

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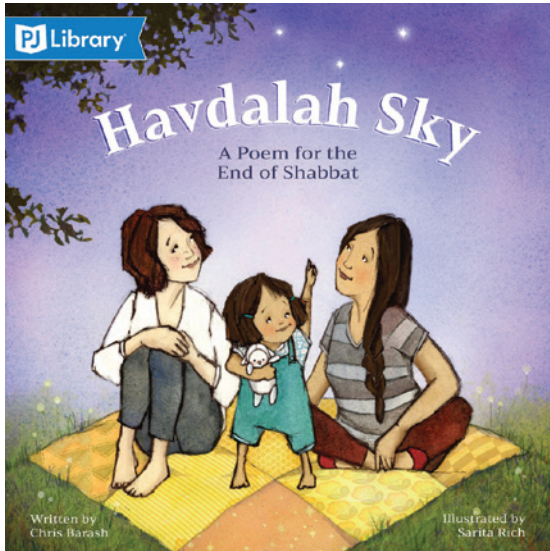
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## Havdalah Sky

We understand that how we gather looks different these days. Whether you are coming together in person or online, PJ Library will continue to provide content to connect with your community. Inside you'll find ways to:



- **Use Jewish text in everyday occurrences**
- **Make meaningful connections to families through Jewish values**
- **Enrich learning experiences for all ages**



## Havdalah Sky

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Shabbat, the Jewish Sabbath, is a time for family togetherness. The family in this sweet board book gathers together to perform the rituals of Havdalah—the end of Shabbat and the return to the work week—and show how we can bring more light into our lives.

### 3 Stars in the Sky

Stargazing can be the perfect socially distanced activity for a community program. Invite families to come together — either in their cars or in spaces outside marked a safe distance apart — at sunset on a Saturday evening to watch for three stars to come out and mark the end of Shabbat. Provide each family group with a Havdalah kit or invite them to bring their own to celebrate together and mark the start of a new week.

### Home Havdalah Kit

While not all families in your community may participate in a weekly Havdalah celebration, it's likely they already have all they need at home. Bring folks together on Zoom to start the evening together and then set them off on a hunt through their homes for all that they need: something sweet to drink, things that smell delicious and two (or more) candles. If you have a big crowd, put them in breakout rooms to share what they've found before reciting blessings and singing together as a community. Maybe you'll start some new weekly traditions!

#### What's in a name?

The grown-ups in this book are called Saba, Mama, Savta, and Ima. What are the adults known as in the families in your community? Grandparents often have funny nicknames bestowed upon them by the youngest members of the family, and sometimes those names stick for the long haul. Invite people to share what they're called, what they call their loved ones and how those names came to be.

#### Sacred separation

Havdalah means separation—the distinction between Shabbat and the rest of the week. Encourage folks in your community to share on social media images of things that are sacred to them and things that are ordinary. Or, post a picture and ask for comments — is this object in the “holy” category or in the “everyday” category? For some a cup of coffee is the most sacred object in their day while others wouldn't give it a second thought!

#### To learn more:

[www.pjlibrary.org/shabbat](http://www.pjlibrary.org/shabbat)

[www.pjlibrary.org/havdalah](http://www.pjlibrary.org/havdalah)