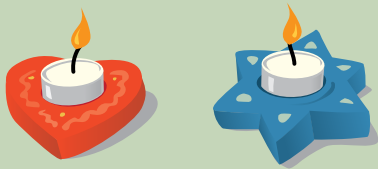


HANDS ON!



Make Salt-Dough Candleholders

Gittel carefully carried her family's candlesticks across the sea when she came to America. You can make beautiful Shabbat candleholders for your family, too.

Supplies

(makes four candleholders)

1 cup flour

½ cup salt

½ cup warm (not hot) water

Cookie cutters

Candles

Nontoxic paint



Mix flour and salt together in a medium bowl, then add water and stir to combine. Knead the dough for about five minutes.

When the dough is fully kneaded, divide it into four balls, and place the balls on a parchment-lined baking sheet. Flatten the balls into circles, then use a cookie cutter to shape each one—you can make hearts, Stars of David, whatever you like. Press a candle into the center, wiggle it, then remove it; you'll be left with a candle-shaped hole.

Bake the candleholders in a 250 degree oven for three hours, or simply leave the candleholders out overnight to dry.

When candleholders are fully dried, paint them however you like. Line the holders with foil before lighting. Shabbat shalom!

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