



## A GIFT FROM PJ LIBRARY®

We are delighted to send you  
*My Jewish Year* by Abigail Pogrebin.

Looking for more? Join Abigail for an  
exclusive **FACEBOOK LIVE CHAT**  
on Sunday October 14th at 5 p.m. EDT  
at [facebook.com/pjlibrary](https://www.facebook.com/pjlibrary).

If you get together with others to discuss this  
book, we'd love to hear about it. Email us at  
[pjparents@pjlibrary.org](mailto:pjparents@pjlibrary.org) or post on Facebook,  
Twitter, or Instagram using [#pjlibrary](https://www.instagram.com/pjlibrary).

**ENJOY YOUR BOOK!**



This project is made possible with  
support from the Harold Grinspoon  
Foundation and PJ Alliance partners.

turn  
me  
over

WHAT DID YOU

Think?

**WHAT** about the author's journey resonated with you the most? The least?

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**WHAT** challenges did the author face that surprised you?

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**WHICH** holidays or traditions has *My Jewish Year* inspired you to learn more about?

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The author is "enthralled with the notion of quietude" on Shabbat but can't quite disconnect herself from emails and screen time. **HOW** do you find quietude?

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If you were setting out to explore the Jewish year, **HOW** would your experience be different from the author's? **HOW** would it be similar?

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If you had the chance to ask the author of this book one question, **WHAT** would it be?

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Like PJ Library on Facebook and join author Abigail Pogrebin on Sunday October 14<sup>th</sup> at 5 p.m. EDT. Can't make it? Use these discussion questions to help spark your own chat with friends.