



# SIGN LANGUAGE SHABBAT

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*The children in this book sign words for things people do on Shabbat, such as eat challah, drink wine or grape juice, sing Shabbat songs, and (of course!) read books. Shabbat Shalom!*

## JEWISH CONCEPTS

Shabbat, the Jewish Sabbath, is a joyful, peaceful holiday that arrives every week. From sundown Friday evening till nightfall the following Saturday, people around the world take a break from the usual obligations of daily living and instead gather to eat, drink, sing, pray, nap, stroll, and enjoy spending time with loved ones. Shabbat is a welcome respite from the rigors of everyday life.

Many families celebrate Shabbat with special meals at home or with friends. The children in this book are signing words for some of the things people do on Shabbat, such as **eat** *challah* (braided egg bread), **drink** wine or grape juice, **sing** Shabbat songs, and **read** books. No matter how you and your loved ones choose to mark Shabbat, sharing quality time together is the best part.

Practicing Sign Language can be great fun. To see a video tutorial of the signs demonstrated by the children in this book, visit [pjlibrary.org/signlanguageshabbat](http://pjlibrary.org/signlanguageshabbat). *Shabbat Shalom* (peaceful Shabbat)!

