





## **ONE, TWO, THREE, SUKKOT!**

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For little ones, holidays like Sukkot are all about hands-on activities

– and counting them is as easy as one, two, three!

## JEWISH CONCEPTS

Sukkot is a Jewish harvest holiday filled with rich sensory experiences. Many families observe Sukkot by building a sukkah ("sukkot" is the plural of "sukkah"), a temporary, three-sided booth that recalls the nomadic dwellings the ancient Israelites lived in during the harvest season. Often beautifully adorned with fruits and vegetables, handmade decorations, and lights, a sukkah is a wonderful spot for eating, meeting with friends, reading, and singing. Sleeping in the sukkah can be special; covered with s'kach (branches or other greenery), the roof is sparse enough that those inside the sukkah are able to glimpse the stars at night.

The child in this story shakes her *Iulav* (a bundle of willow, myrtle, and palm branches) together with an *etrog* (a citron) toward the east, west, north, and south, as well as up and down – three times in every direction. Observant Jews perform this ritual daily during the holiday of Sukkot (except on Shabbat), and also eat meals and sometimes even sleep in the sukkah. Even very young children can participate in almost every aspect of the holiday – the joy of spending time with loved ones outdoors in nature is naturally appealing to family members of all ages. *Chag Sukkot Sameach* (Happy Sukkot)!